



Where the future is present.

**Hartford Public Schools – Health Services  
Enterovirus D68**

Dear Parent/Guardian:

Some of you have expressed concern about the Enterovirus D68 that has been on the news recently. The following is a list of symptoms (similar to flu symptoms) associated with this virus:

- Fever
- Runny nose
- Sneezing
- Cough
- Muscle aches

**Children with a history of asthma or other respiratory problems are more likely to develop complications from this virus. Contact your child’s doctor if you have concerns.**

Please keep your child home from school if he/she is sick.

To prevent spreading any virus:

- Keep your child home from school for at least 24 hours after fever is gone, except to seek medical care. (You child’s fever can be controlled with the use of a fever-reducing medicine such as Tylenol.)
- Check with you health care provider about any special care your child might need if your child has a health condition such as diabetes, heart disease, or asthma.
- Have your child get plenty of rest and drink plenty of fluids.
- Cover coughs and sneezes.
- Avoid kissing, hugging, and sharing cups or eating utensils with people who are sick.
- Wash hands often with soap and water.

For more information from the CDC, click on this link:

<http://www.cdc.gov/non-polio-enterovirus/about/EV-D68.html>

Please feel free to call your child’s school nurse or Debbie Chameides, Health Services Coordinator, at #860-695-8760 for more information.

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